

Work-related Musculoskeletal Disorders Guide and Tools for Modified Work

This guide is intended to assist workplace stakeholders in a wide range of work environments. It describes steps for setting up a modified work program for injured workers and for following individual workers. It also includes three series of body-site-specific decision aid tools to allow frontline workplace personnel to :

1. estimate the physical demands of work tasks proposed for modified work;
2. succinctly convey the physical work demands to the treating physician;
3. seek the treating physician's recommendations about the worker's temporary work restrictions.

Training is available in Montreal for:

- those wishing to set up a modified work program in their workplace
- consultants interested in assisting companies set up such programs

The guide is available in both English and French
For additional information or order forms:

- www.santepub-mtl.qc.ca/omrt/
- contact jean-luc.malo@ergoplan.net

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Sponsoring institutions: produced by the Montreal Department of Public Health in collaboration with the INSPQ, IRSST and professionals from the ASP Métal Électrique and the CSST, with funding from HEALNet and the IRSST

Cost: \$20 CAD

Outside Canada: \$22 CAD bank draft in Canadian funds

QUANTITY	TITLE OF PUBLICATION	UNIT PRICE (includes all charges)	TOTAL
	Work-Related Musculoskeletal Disorders: Guide and Tools for Modified Work	\$20.00 Outside Canada : \$22 CAD bank draft in Canadian funds	
	ISBN OR ISSN NUMBER 2-89494-430-6		

Name _____

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